

Talk Now.

Know How.

A conversation about raising resilient kids.

Join local prevention professional, Loretta Cohen, MSW, as she shares current youth behavior trends and strategies to adopt early that build strong family relationships and set kids up for success. Driven by science and a healthy dose of humor, this 45-minute presentation with Q and A to follow will be well worth your time.

- Learn current local trends regarding bullying, emotional health and addictive substances.
- Gain skills that can build resilience in youth.
- Learn why and how to talk with young kids about alcohol
- Review communication strategies that work at any age.



Perfect for parents with kids of any age. It's never too early or too late to lay the foundations kids need to thrive.

**THURSDAY, MARCH 16, 2023
6:30PM**

RSVP AT [WCCTC.ORG/MEET](https://wcctc.org/meet)



YOUTH MATTER wcctc.org

**WEST CHESTER
COMMUNITIES THAT CARE**

